



# Christian Care Communities

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FOR IMMEDIATE RELEASE

**CHRISTIAN CARE COMMUNITIES TO HOST HEALTH & SERVICES EXPO**

**Expo to Showcase Wealth of Local Resources Available  
to Help with the Challenges of Aging Today**

**LOUISVILLE, KENTUCKY (Wednesday, August 29, 2007)** -- Christian Care

Communities' downtown Louisville campus at 960 S. Fourth St. will host a free Health & Services Expo – “Are You Smarter Than Your Aging Parents? Everything You Need to Know but Are Afraid to Ask” – on Thursday, September. 20, from 11 a.m. to 2 p.m.

The expo, which is open to the community, will showcase the wealth of resources available in Metro Louisville to help older adults and their caregivers address the challenges of aging today. More than 24 organizations and businesses are participating in the expo.

“Our expo is designed for older adults and adult children who are caring for aging loved ones, as well as adult children who are just beginning to notice changes in their aging parents and have age-related questions and concerns,” said Ceci Young, executive director of Christian Care Communities' Louisville campus, which includes Chapel House, and Friendship House, assisted living apartments, and the Christian Health Center, which provides 24-hour skilled nursing care.

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**Christian Care Communities to Host Health & Services Expo**  
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Organizations and businesses participating in the expo will offer free health screenings and a wide range of information on home health, in-home services, pharmacy options, therapy services, transportation options and legal information. The expo also will feature comedian Spike Davis of BET's Comic View and laugh doctor Clifford Kuhn, M.D., who will talk on easing life's transitions with humor.

Christian Care's bell choir will perform and campus residents will demonstrate "seated" line dancing. All attendees will enjoy a free lunch. Tours of the campus also will be offered. Free parking is available across from Christian Care's campus between Kentucky and Breckinridge streets.

For more information on Christian Care's Health and Services Expo, call (502) 585-5656.

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